

Dance with Ms. Hairston

2024

Proficient Dance | ROOM 511

2025

This Semester At-a-Glance

- Articulation of dance technique and terminology
- Learning and demonstrating different styles and genres of dance
- Articulation of performance qualities and proper care of our bodies
- Personal strength, flexibility and endurance
- Articulating self-expression through dance (as an art form)

Responsibilities

1

Participate in class: ask questions, be active in discussions, show what you know!

2

Be prepared: arrive to class on time and ready to work hard, and bring ALL materials to class.

3

Be open and kind: have an open mind and be willing to learn, while being respectful of yourself and others.

Materials

- Dance clothes
 - TShirts, tank tops, long sleeve
 - Yoga pants, sweatpants, leggings, long shorts

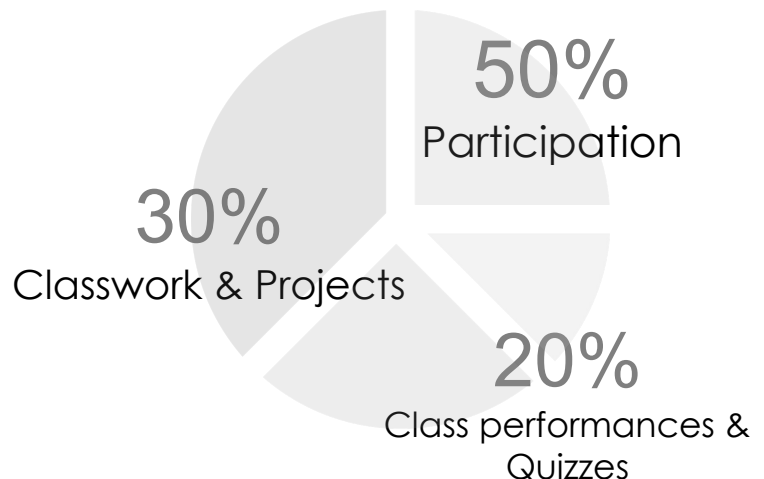
No short shorts OR sport bras

No gum

- Hair tie
- Socks
- Water bottle (closed cap)
- Pencil & Notebook/folder



Grading



Contact

Email

hairstj@gcsnc.com



Phone

(336) 294-7300 ext. 544689

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Weekly Agenda

We will follow the schedule listed below:

3:1 method

3 weeks of dancing (M-F)

1 week of assignments & classwork (M-F)

You may have homework and WILL be expected to complete it.

To earn full credit, homework should be done completely and to the best of your ability. Homework will be EXPECTED to turn in the next day.

Absences + Missed or Late Work

It is YOUR responsibility to complete any missed work due to an absence. There will be a folder labeled with your class name, where you can find any work you have missed.

You are required to discuss with Ms. Hairston on missed assignment due dates!

If an assignment is late due to illness or an excused absence, the lateness may be excused and will not be penalized.

Injury Policy

Dance is very physical and requires a lot from our bodies. Some days can be easier than others.

If you are not feeling well, or injured, you MUST have a note from your parent/guardian WITH a method of contact.

Cell Phone/Electronics Policy

Cell phones and other electronic devices (including headphones/AirPods) will be stored in the pocket holder and will be placed on SILENT. Students will NOT use their phones, unless instructed by Ms. Hairston

You are expected to follow all school and district guidelines for all other technology use, including classroom laptops, etc.

Class Website

Assignments, extra handouts, and additional information may be posted on Canvas.

Check daily or weekly to see new postings!



About Your Teacher

I believe:

"Everyone has the capacity to succeed. No matter what happens, YOU can always learn and be successful!"