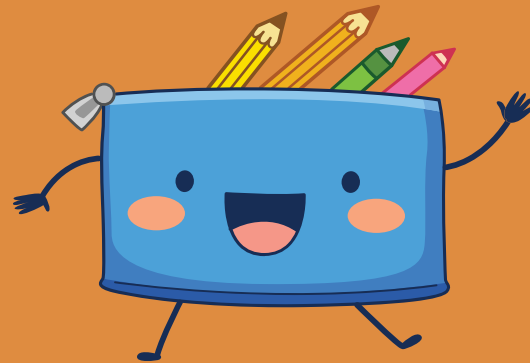
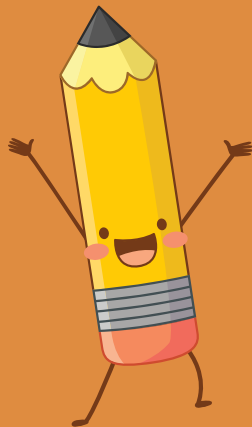


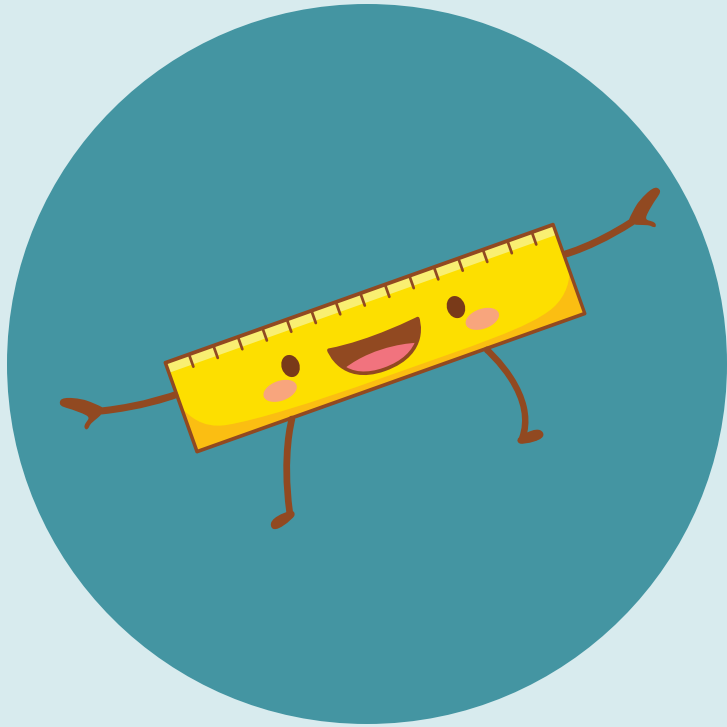
Northern Guilford Middle School

Tips for Middle School Success

Hosted By: Mrs. Hunter, Mrs. Johnson & Ms. McCullough

October 1, 2024





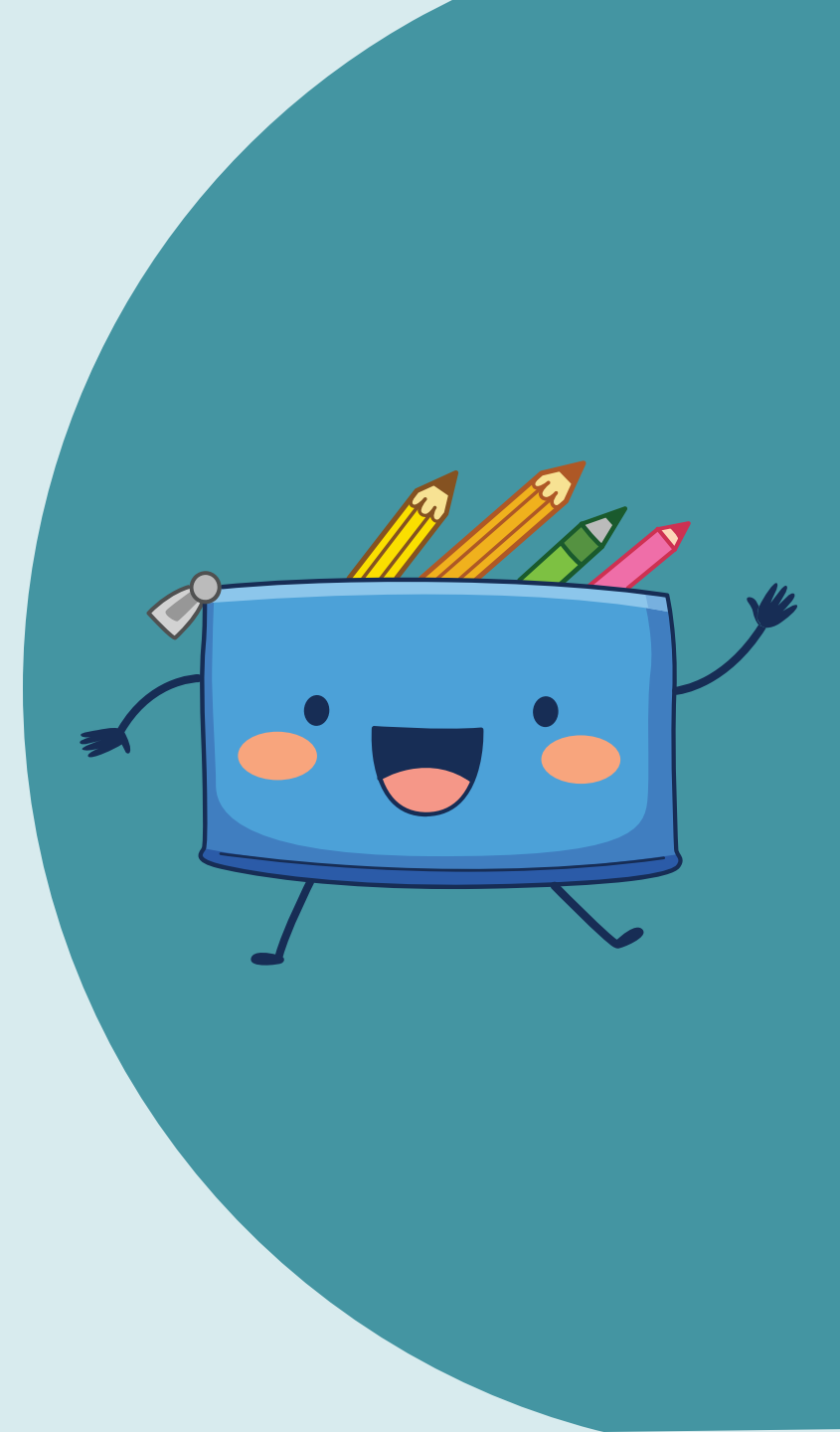
Tell me what's more important than
being present for children and
listening to them. I'll wait.

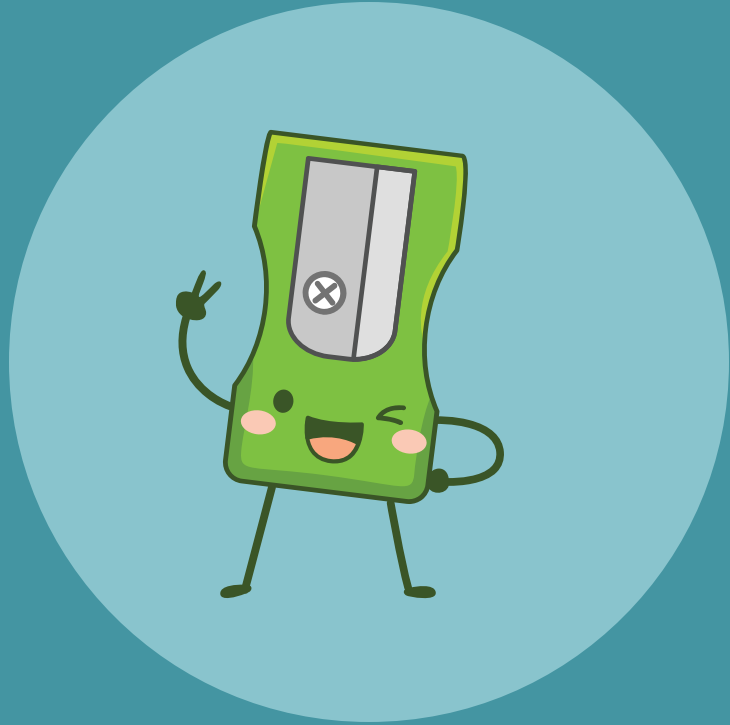
Maxime Lagace

Welcome Parents!

10 Ways to Make it Great!!

- Social Media/Cell Phone Use
- Building Positive Relationships
- Conversation Starters
- Student Organization
- Canvas & Parent PowerSchool
- Communicating with Teachers
- Getting Involved
- Early Intervention
- Mental Health Conversations
- Mental Health Resources





Social Media

- Digital Etiquette-Let's be honest-they don't have it
- Social media-restrict and monitor
 - Age Limits (13 years old)
 - Snapchat, Instagram, Tik Tok, Discord
- Time limits
 - They need boundaries



Cell Phone Safety



- Parental Monitoring
 - Bark Login
 - AURA
 - Verizon Smart Family
 - Iphone Monitoring-Apple
 - Check in times/Time limits-Good old fashioned "give me your phone"



Building Positive Relationships



- Get to know your child's friends
- Support and encourage one another
- Understanding Others' Emotions-share personal stories
- Find common interest and shared activities
- Acts of kindness
- See Something, Say Something

Getting Involved

- Sports
- Clubs
- Homework Lab
- PTSA
- Community



PTSA



Conversation Starters

- Car Rides & Dinner Time- Open ended questions
- Family Time
- It takes a Village



Topics and Example Questions: Conversations with Purpose Talking Point- Teens

Fun and Random- If you had three wishes, what would you ask for?

Tough Topics- What's the biggest stress you're dealing with right now?

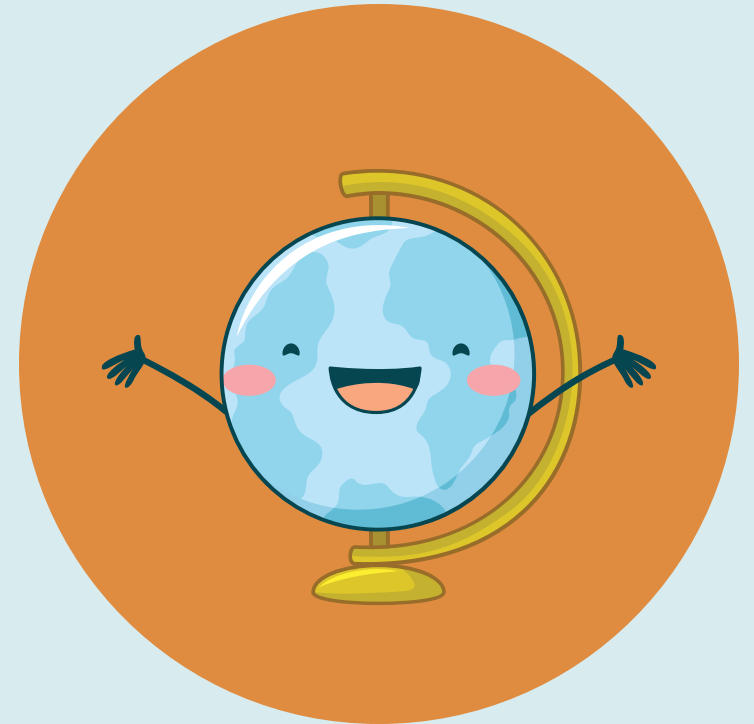
Relationships- If you could become closer to anyone you wish, who would you choose? Why?

Future- What does your ideal life look like?

Personal-Well Being- How does social media impact your mood?

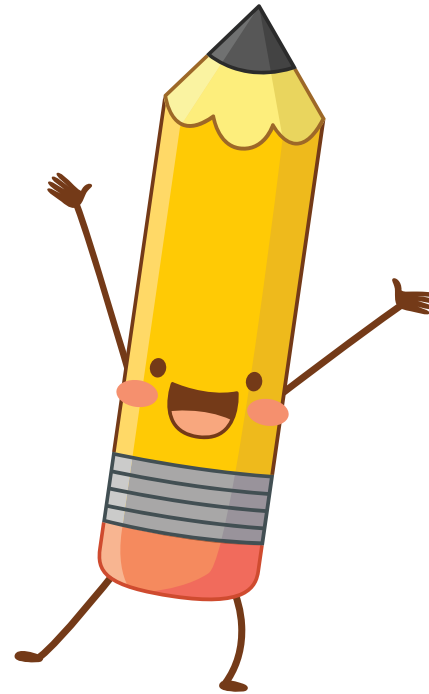
Student Organization

- Locker- clean out monthly
- Binders-Weekly Bag Check
- Planner/Canvas
- PowerSchool
- Parent Portal



Parent Communication

- School Website
- Canvas
- PowerSchool Parent Portal
- Connect Ed / Emails
- Parent/Teacher Conferences



Early Intervention



- Reach out to teachers and or counselors and social worker
- Keep the conversation going-just assume there is something going on
- Conflict Resolution
- Self-Awareness and Self-Regulation



Understanding YOUR Child

No child is the same

Different life experiences = Different responses

Stay informed

Actively listen

Choose your words wisely – what you say matters

Be patient

Try to use open ended questions

Validate their feelings

Model good communication



Resources: School- Based Mental Health Providers



Specialized Instructional
Support Personnel (SISP)

School Counselors
School Social Workers
School Psychologists



Mental Health Resources on Counseling's
Website



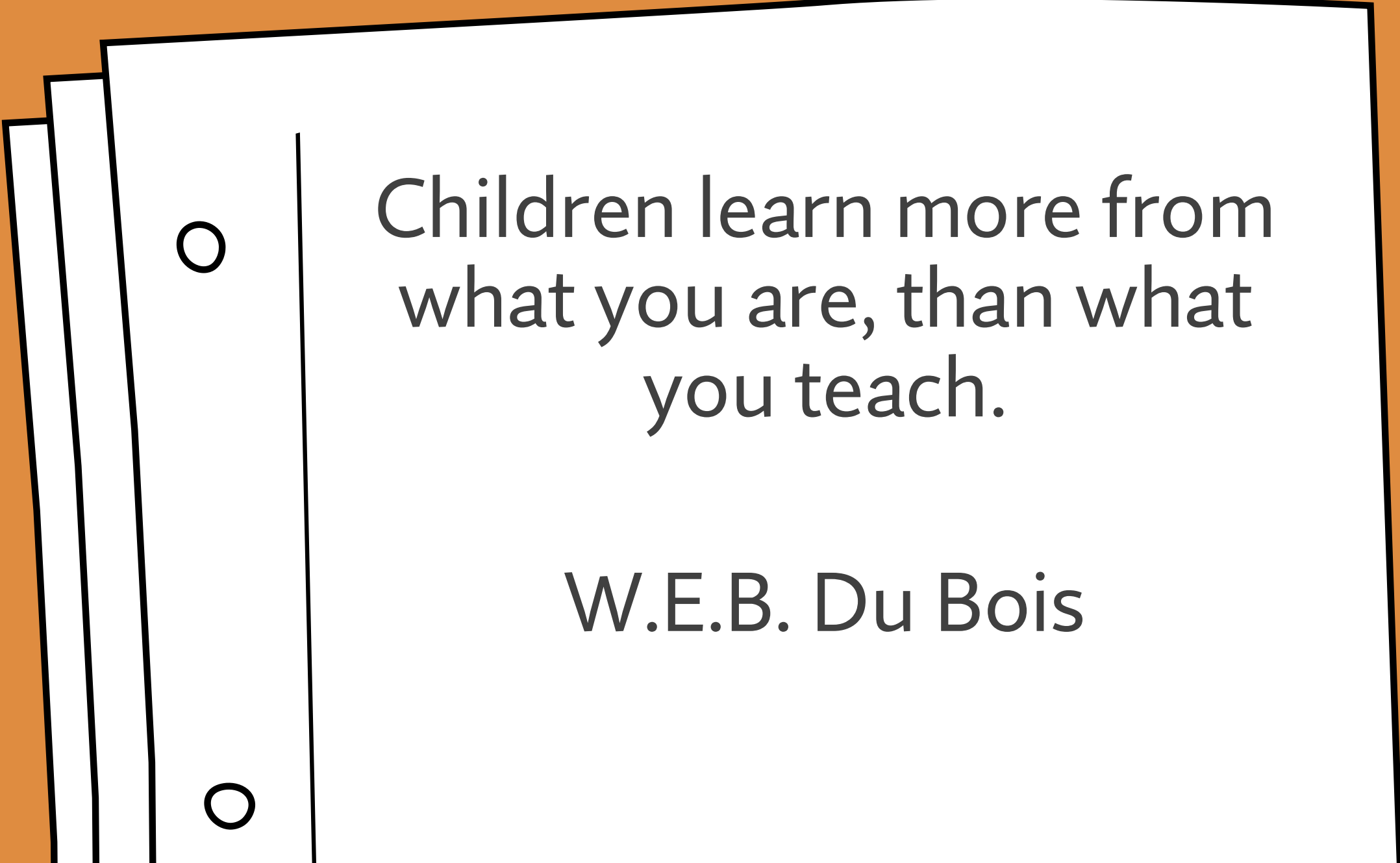
Tele-therapy

Day Break



Community Based Providers
(MOU's)

AYA Center
Envisions of Life
Kellin
Top Priority
Wrights Care

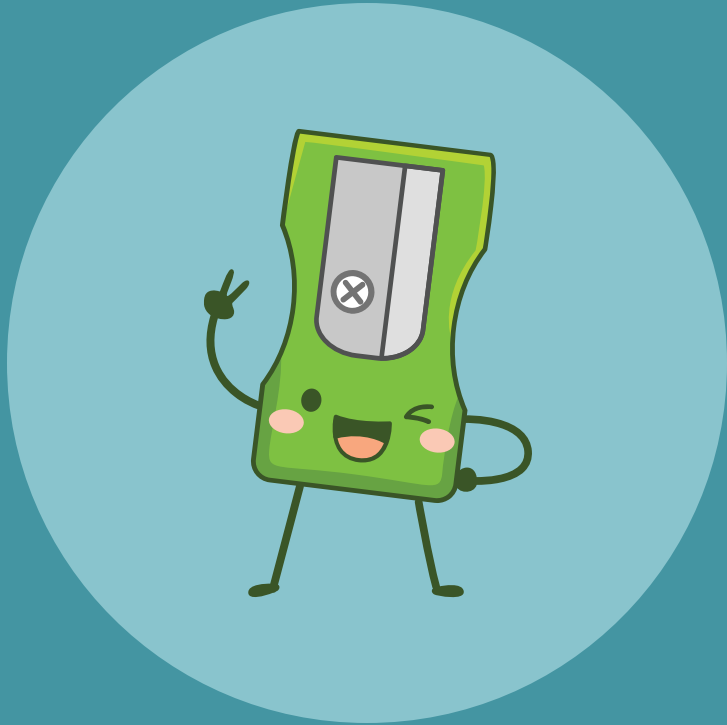


- Children learn more from what you are, than what you teach.

W.E.B. Du Bois

-

Questions?



- Tierra Johnson
- johnsot3@gcsnc.com
 - Mr. Archer, Ms. Farrow, Ms. Tyler
 - Ms. Conahan, Ms. Lee & Ms. Thomas
- Theresa Hunter
 - huntert3@gcsnc.com
 - Ms. Hesman, Ms. Flippen & Ms. Cagle
- Brianna McCullough - School Social Worker
 - mccullb@gcsnc.com