

**Mental Health Resources for Families
Northern Guilford Middle School**

CRISIS RESOURCES

Behavioral Health Urgent Care (all ages)
24/7 assessment and crisis service
931 Third Street
Greensboro, NC 27405
336-890-2700

Cone Health Behavioral Health (ages 13 and up)
24/7 assessment and crisis service
700 Walter Reed Drive
Greensboro, NC 27403
336-832-9700

Alexander Youth Network (ages 6-17)
24/7 assessment and crisis service
925 Third Street
Greensboro, NC 27405
336-375-8333

National Suicide Crisis Hotline: 988

COUNSELING RESOURCES

Day Break Virtual Therapy-GCS Sponsored
Referral made by school counselor
Up to 12 sessions at no cost to the family
Contact Mrs. Hunter or Mrs. Johnson at huntert3@gcsnc.com or johnsot3@gcsnc.com for more information.

Psychology Today www.psychologytoday.com
Search by issue, insurance, location, gender, age, and more to find local therapists. Bios on page for each therapist.

Behavior Care of Greensboro
336-355-7872
<https://behaviorcarenc.com/contact-us/>

Carolina Psychological
www.carolinapsychological.com
336-272-0855

Tree of Life Counseling
www.tlc-counseling.com
336-288-9190

Three Birds Counseling (individual and group therapy)

<https://www.threebirdscounseling.com/>

336-296-8822

Presbyterian Counseling

www.presbyteriancounseling.com

336-288-1484

Kellin Foundation (individual and group therapy)

www.kellinfoundation.org

336-429-5600